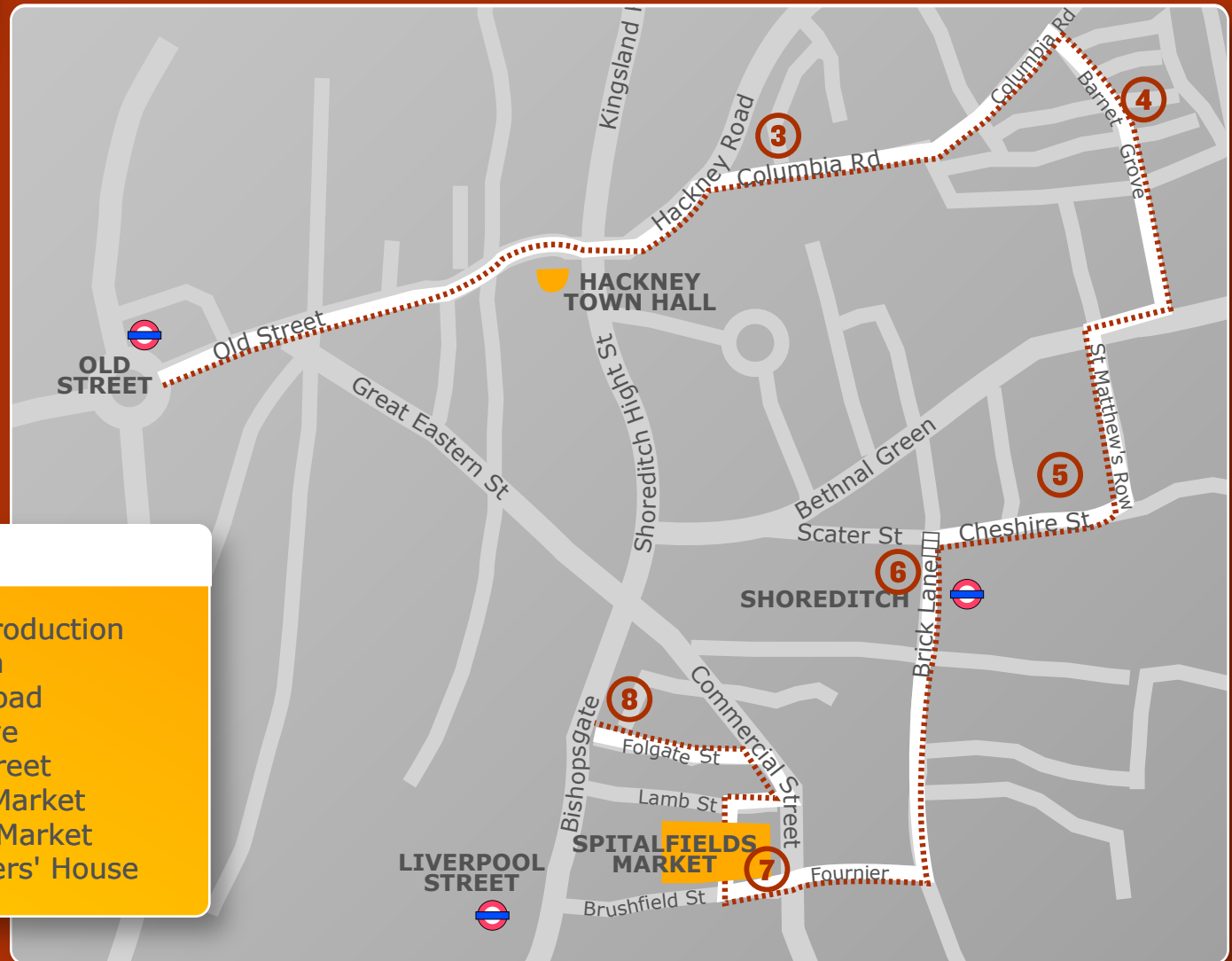




## East End Markets

Optimal Hours: Sunday 9am - 4pm.  
Start from Old Street tube Station.



### Tracks

- ① General Introduction
- ② Introduction
- ③ Columbia Road
- ④ Barnet Grove
- ⑤ Cheshire Street
- ⑥ Brick Lane Market
- ⑦ Spitalfields Market
- ⑧ Dennis Severs' House



## Walking the River Thames from Westminster Bridge to London Bridge

Optimal Hours: Daylight hours, every day.  
Start from Westminster tube station.



### Tracks

- |                                      |                                  |
|--------------------------------------|----------------------------------|
| ① General Introduction               | ⑧ Tate Modern, Millennium Bridge |
| ② Introduction                       | ⑨ Globe Theatre                  |
| ③ Westminster Bridge                 | ⑩ Bear Gardens                   |
| ④ County Hall, London Eye            | ⑪ Southwark                      |
| ⑤ Jubilee Bridge, South Bank Complex | ⑫ Prisons and the Palace         |
| ⑥ National Theatre and views         | ⑬ The Hinde, Cathedral, Market   |
| ⑦ The Wharf, Oxo Tower               | ⑭ Borough Market                 |



# Politics and Royalty: From Whitehall to Piccadilly

Optimal Hours: Daylight, every day.  
Start from the top of Whitehall.

## Tracks

- ① General Introduction
- ② Introduction
- ③ Horse Guards Parade
- ④ Banqueting House
- ⑤ Downing Street
- ⑥ Houses of Parliament
- ⑦ Westminster Abbey
- ⑧ Deans Yard and Surrounding Streets
- ⑨ St James Park and Buckingham Palace
- ⑩ The Mall
- ⑪ Waterloo Place
- ⑫ St James's Palace and Street
- ⑬ Piccadilly and Burlington Arcade
- ⑭ Fortnum and Mason
- ⑮ Waterstone's, St James's Church and Piccadilly Circus



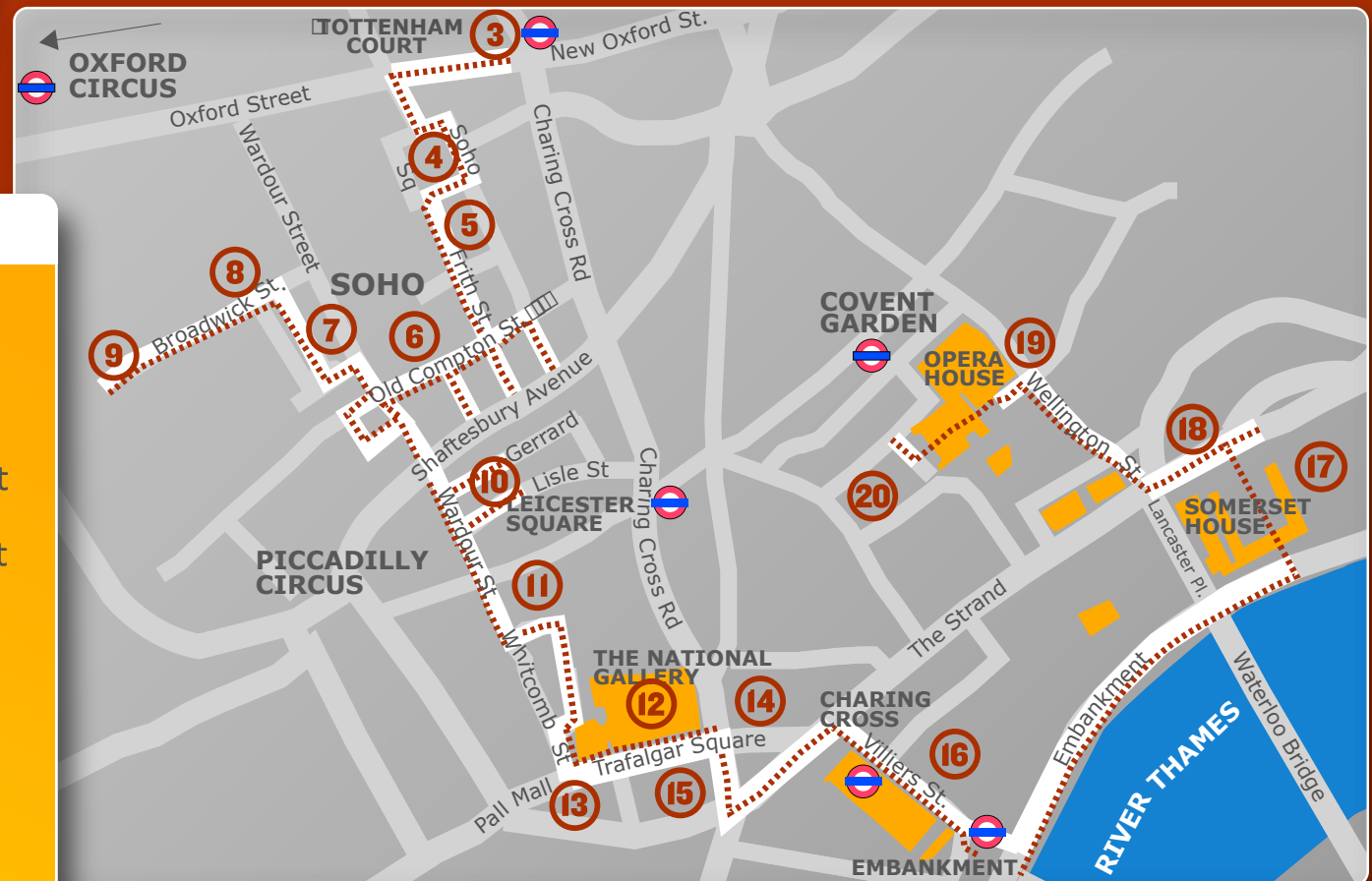


## Cosmopolitan Soho to Covent Garden

Optimal Hours: Daylight hours, every day.  
Start from Tottenham Court Road tube station.

### Tracks

- ① General Introduction
- ② Introduction
- ③ Soho
- ④ Soho Square
- ⑤ Frith Street
- ⑥ Around Old Compton St
- ⑦ Sexy Soho
- ⑧ Berwick & Broadwick St
- ⑨ Carnaby Street
- ⑩ China Town
- ⑪ Leicester Square
- ⑫ The National Gallery
- ⑬ Pall Mall
- ⑭ St Martin-in-the-Fields
- ⑮ Trafalgar Square
- ⑯ Villiers Street & Embankment Gardens
- ⑰ Somerset House
- ⑱ The Strand
- ⑲ Royal Opera House
- ⑳ St Paul's Church





## The Financial District and the Davinci Code : From Monument to Blackfriars

Optimal Hours: Monday to Friday 9am - 5pm  
Start from Monument tube Station.

### Tracks

- |  |  |
|--|--|
| ① General Introduction                 | ⑨ St Paul's Cathedral and Postman's Park       |
| ② Introduction                         | ⑩ St Bartholemew's Church                      |
| ③ Monument                             | ⑪ Fleet Street                                 |
| ④ Leadenhall Market                    | ⑫ Ye Old Chesire Cheese and Dr Johnson's House |
| ⑤ Cornhill and it's ancient alleyways  | ⑬ Prince Henry's Room                          |
| ⑥ Bank                                 | ⑭ Temple Area                                  |
| ⑦ Wren's city churches                 | ⑮ Blackfriars                                  |
| ⑧ Poultry, the Guildhall and Cheapside |  |

